



**WINTER SPRINGS HIGH SCHOOL
OFFICIAL ATHLETIC DEPARTMENT SCHEDULE
BOYS Weight Lifting 2018-2019**

<i>DAY</i>	<i>DATE</i>	<i>OPPONENT</i>	<i>Site</i>	<i>Time</i>
WED	FEB 6	OHS	WSHS	4:00 pm
WED	FEB 13	LBHS	LBHS	4:00 pm
WED	FEB 20	HHS	WSHS	4:00 pm
WED	FEB 27	LHS (Senior Night)	WSHS	4:00 pm
WED	MAR 6	SHS	SHS	4:00 pm
WED	MAR 13	DISTRICTS	OHS	4:00pm
FRI-SAT	MAR 29-30	REGIONALS	?	?
FRI	APR 12	STATES	AHS(panama city beach)	10:30am

Coaches: John Mosure- john_mosure@scps.k12.fl.us
Assistant Coach: [Jesse Lopez](#)
Principal: Mr. Peter Gaffney
Athletic Director: Mr. Scott Gomrad
Head Trainer: Mr. Mark Benedict

