# WINTER SPRINGS HIGH SCHOOL
# OFFICIAL ATHLETIC DEPARTMENT SCHEDULE
## Boys & Girl's X-Country 2018

| *Date* | *Opponent* | *Site* | *Time* |
|---|---|---|---|
| Aug 25 | Trinity Prep | Winter Park | 7:00AM |
| Aug 31 | Winter Springs Invite | Central Winds Park | 4:30PM |
| Sept 8 | FL Horse Park Invite | Ocala | 7:30AM |
| Sept 15 | St. Cloud | St. Cloud | 8:00AM |
| *Sept 22* | U of Florida | Gainesville | 8:00AM |
| Sept 29 | Hagerty Invititational | Seminole State | 8:00AM |
| Oct 13 | FSU | Tallahassee | 8:00AM |
| Oct 17 | SAC | Flagler Palm | 8:00AM |
| Oct 27 | **DISTRICT** | **DELAND** | 6:30AM |
| Nov 1 | **REGIONAL** | **TBA** | 8:00AM |
| Nov 10 | **STATE** | **TALLAHASSEE** | TBA |
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**Head Coach**: Ryan Lowe
Octavius Clark

**Principal:** Mr. Peter Gaffney
**Athletic Director**: Coach Scott Gomrad
**Head Trainer:** Mr. Mark Benedict